

FCSS RESOURCE LIST

ADDICTION	
AHS Addictions - Helpline (Gambling, Alcohol, Drugs) 1.866.332.2322	Confidential telephone information. Crisis counseling/referrals to treatment program and related services. www.albertahealthservices.ca
AHS Addictions & Mental Health Leduc Office 780.986.2660 1.866.332.2322	Provides support, and prevention resources on alcohol, drugs and gambling addictions. www.albertahealthservices.ca
Al Anon 780.443.6000 1.888.332.6902	Offers a recovery program for individuals affected by family or friends who are problem drinkers. Call for Beaumont Meetings www.al-anon-edmonton.org
Alcoholics Anonymous (A.A.) 780.424.5900 (24 hours)	Recovery Group: Tuesdays at 7:30pm, Beaumont Community Church basement (5423 - 55 St, south west door entrance); Fridays at 8:30pm, St. Vital Catholic Church Basement (south east parking lot door) www.edmontonaa.org
Parents Empowering Parents 780.293.0737 Support Line	Support group for individuals or families dealing with or concerned about substance abuse/addiction. www.pepsociety.ca
BEREAVEMENT	
Canadian Mental Health Suicide Bereavement 780.414.6300 780.732.6654	Suicide bereavement support for individuals, families, or group support for anyone who is grieving a loss to suicide. www.Edmonton.cmha.ca
COMMUNITY INFORMATION & REFERRAL	
211 Edmonton Community Service Referral 780.482.4636	Information on health, human services, community resources and government assistance. www.ab.211.ca
Alberta Supports 1.877.644.9992	Helps you find and apply for family and social support or ask about any Alberta Government program. www.alberta.ca/alberta-supports
Employment & Financial Supports 780.980.0557	Employment support programs. myalbertasupports.ca
Service Alberta Call Centre 780.310.0000	Information for the Province of Alberta that will connect you to provincial departments and services.
COUNSELLING SERVICES	
Beaumont Counseling Services (FCSS) 780.929.1006	Short term subsidized counseling for individuals, couples or families. Fees based on a sliding scale. www.beaumont.ab.ca
AHS - Leduc Addiction and Mental Health Services 780.986.2660	Provides mental health assessment and treatment to individuals, experiencing emotional, behavioral or mental health issues. No fee.
Karunia Counselling 587.274.3939	Families, couples and individual therapy www.karunia.ca
Level Up Leadership Consulting and Psychology 780.886.4345	Provides support and mental health for: children, youth, adults, individuals, couples, families. Provides Psychoeducational and ASD assessments for children and adults. www.levelupleadershipconsulting.com
Tacit Knowledge: Counselling and Workshop Services 780.803.5501	One-to-one, couples and family counselling for teens and adults; professional development training sessions for staff/teams; psycho-educational workshops for community members. www.tacitknows.com
Leduc & District Victim Services 780.980.7232	Provides support, information and referrals to victims of crime and tragedy through staff and trained volunteers. www.leducvictimservices.ca
CRISIS LINES	
Alberta Health Services Mental Health Help Line 1.877.303.2642	Confidential 24 hrs.7 days/week. Access to a registered nurse with mental health expertise who can provide information and resources www.albertahealthservices.ca
Kid's Help Phone 1.800.668.6868 (24 hrs.)	Kids help line, counselors available for support and referral for children who need help. Telephone or online counseling. www.kidshelpphone.ca
Sexual Assault Centre of Edmonton 780.423.4121 (24 hrs.)	Counselling for adults and children. Public education for schools & community groups. 24 hours Crisis Line for sexual assault victims. www.sace.ca

DISABILITIES	
Family Support for Children With Disabilities 780.644.9992	Provides services to children with disabilities. alberta.ca/fscd.aspx
Leduc Linx Connect Centre 780.980.9423	Service for individuals with disabilities. www.linxconnect.ca
Persons With Developmental Disabilities – Edmonton (PDD Edmonton) 780.427.4354	PDD provides coordination and access to supports for adults with developmental disabilities. www.pdd.org/edmonton
Bridges –FASD (Fetal Alcohol, Spectrum Disorder) 780.979.2385	Support program for men and women who have strong indicators, or a diagnosis of Fetal Alcohol Spectrum Disorder.
Robin Hood Association – Early Intervention Program 780.640.9401 ext. 222	Provides a variety of services through the Early Intervention Program to individuals with special needs and/or developmental delays. www.robinhoodassoc.com
FAMILY VIOLENCE INFORMATION	
Family Violence Information Line 780.310.1818	Provides information about family violence as well as advice and support.
The Today Family Violence Help Centre 780.455.6880	Provides support and information for individuals impacted by family violence. www.thetodaycentre.ca
Rise Up 780.739.7473	Rise Up provides counselling, support, education, hope and healing to those impacted by domestic abuse. www.riseupsociety.ca
A Safe Place (Strathcona Shelter Ltd.) 780.464.7233 1.877.252.7233	24 hours per day, 7 days per week. The shelter is for women and children who are in crisis. www.asafeplace.ca
Camrose Women's Shelter 1.877.672.1010	Women's Shelter assists individuals and families experiencing the effects of family violence to work towards a lifestyle free of abuse www.Camrosewomenshelter.org
FINANCIAL ASSISTANCE	
Alberta Works (Alberta Human Services) 780.980.0557 After hrs.780.644.5135	Income Support Benefits and Employment Support Program. myalbertasupports.ca
Child Tax Benefit 1.800.387.1193	Provides a full range of information on the Canada Child Tax Benefit. https://www.canada.ca/en/revenue-agency/services/child-family-benefits/canada-child-benefit-overview.html
Maintenance Enforcement Program 780.422.5555	Enforces maintenance orders for child support and spousal support. To give anonymous tips about a debtor call 780-401-TIPS. alberta.ca/maintenance-enforcement-in-alberta.aspx
Money Mentors 1.888.294.0076	Financial information and services; personal money coaching, debt solutions, on-line and group seminars. www.moneymentors.ca
Service Canada 1.800.622.6232	Offers access to a wide range of Government of Canada programs: EI, OAS and CPP www.servicecanada.gc.ca
HOUSING/FOOD/CLOTHING	
Beaumont/Nisku Christmas Elves	Provides Christmas hampers (food & gifts) to families in need. Intakes: (Self-referral) Beaumont FCSS @ 780-929-1006 www.bnchristmaselves.ca
Community Threads 780.929.6444	Providing free clothes to those who need. Every 3rd Thursday of the month. Contact Beaumont Community Church. www.beaumontcommunitychurch.ca
Leduc and District Food Bank 780.986.5333	Emergency food hampers provided to individuals and families in need. Hours: Mon. Wed. Fri. 9 - 12 noon, 1:00 - 4:00 p.m. www.leducfoodbank.ca
Leduc Regional Housing Foundation 780.986.2814	Provides affordable housing services to seniors, individuals and families of modest means. www.leducregionalhousing.ca

FCSS RESOURCE LIST

LEGAL/JUSTICE	
Lawyer Referral - Law Society of Alberta 1.800.661.9003	Free service to help find a lawyer www.lawsociety.ab.ca
Legal Aid Alberta 1.800.845.3425	Provides a range of legal services to low-income Albertans in a number of areas of law including family, criminal, and civil. www.legalaid.ab.ca
Edmonton Community Legal Centre 780.702.1725	Provides legal information and advice for low to moderate income individuals. www.eclc.ca
MEDICAL & HEALTH SERVICES	
Alberta Health Services Beaumont Public Health Centre 780.929.4822	Immunizations, New Mom's Network classes, Speech Services, Health for Two Program. www.albertahealthservices.ca
Momentum Walk-in Counseling Society 780.757.0900	Mental Health Triage, single session approach to counseling.
Alberta Health Services - Home Care 780.496.1300 780.980.4655	Short-term services for individuals on discharge from hospital & long-term services available for seniors & persons with disabilities. www.albertahealthservices.ca
Health Link Alberta 811 780.408.LINK (5465)	Health advice and information 24 hours a day from registered nurses. www.myhealth.alberta.ca
Leduc/Beaumont/Devon Primary Care Network 780.986.6624	Providing coordinated health services and evening medical appointments in Beaumont. Located at Stewart Medical Clinic.
Rutherford Children's Mental Health Clinic 780.342.2701(Central Intake)	Children and youth with mental health concerns can access mental health counselors/ psychiatrists.
Terra-Centre for Teen Parents 780.428.3772	Helping pregnant and parenting teens to develop self-reliance and skills to be successful parents. Available to teen moms up to age 19. www.terracentre.ca
SENIORS	
Alberta Health Seniors Services/Continuing Care 780.644.9992 1.877.644.9992	Information services and financial support for eligible seniors through a variety of programs, including Alberta Seniors Benefits. alberta.supports.ca
Cycling Without Age	Improve the lives of the elderly in Beaumont by promoting intergenerational relationships/ connections within the community. www.cyclingwithoutage.ca/beamont/
Outreach Home Support Services 780.929.1006	Light housekeeping services for the elderly. Subsidies available (income tested). www.beaumont.ab.ca
Seniors Abuse Help Line 780.454.8888	Provides confidential and anonymous support and info. 24 hrs. a day to seniors and/or their caretakers concerned about seniors' abuse. edmonton.cmha.ca
Seniors Health Line 811 780.408.LINK (5465)	24 hour information and support line for seniors.
Beaumont 50+ Club 587.988.9598	Morning coffee, monthly music jam, pool, floor curling, bridge, bingo, cribbage, canasta, computer club, quilting, senior bus. www.beaumontseniors.net
SERVICES FOR CHILDREN/FAMILIES	
Beaumont Indoor Playground 780.901.3146	Program for children 0-5 years providing an open play area with a variety of toys and activities. Tuesdays and Fridays 0930-1130.
Child Abuse Hotline 1.800.387.KIDS (5437)	24 hours. If you are aware of a child who is a victim of abuse or neglect, call the above number.
Child Care Subsidy Office 780.644.9992	Information on Child Care and Stay-at-Home Parent subsidy program. alberta.ca/child-care-subsidy.aspx
Edmonton & Area Children's Services 780.986.7869 780.427.3390 (after hours)	Family support and child intervention services, foster care, kinship care, adoption services, and Services for Children with Disabilities. alberta.ca

Leduc Strathcona Services for Children Dayhomes 780.986.3993	Monitored licensed family day home child care in the community. www.servicesforchildren.ca
L'École Des Petits 780.929.5445	Pre-school providing an introduction to the French language through play and learning for 3 and 4 year olds. Lecoledespetsits.ca
Ready Set Grow Preschool 780.929.2820	Kindergarten readiness, to stimulate the social, cognitive, intellectual, physical and emotional aspects of each child. www.rsgpreschool.ca
Seeds and Sprouts Childcare 780.737.5510	Accredited Childcare Services for children aged 12 months to 12 years. Bus transportation available for schools within Beaumont. www.seedsandsproutschildcare.com
Sunshine Patch Daycare 780.929.2298	Accredited Childcare Services for children aged 12 months to 12 years. www.sunshinepatch.ca
Southgate Medallion Day Home Agency 780.438.4012	Offering monitored high quality contracted child care in the community. www.southgatemedallion.com
City of Beaumont Child Care Services 780.929.1263	Accredited child care for children 0-5 years, and grade 1 to age 12 at the school age site. Transportation provided to and from school. www.beaumont.ab.ca
YOUTH	
Chantal Bérubé Youth Centre 780.929.5155	Drop-in Centre for youth aged 12-17. Variety of recreational, educational and preventative programming. www.beaumont.ab.ca Facebook: Chantal Bérubé Youth Centre
FCSS Youth Support 780-929-1006	Support for youth and parents. Issues covered: parent/teen conflict, anger management, self-esteem, and healthy relationships.
Youth Empowerment & Support Services 780.468.7070 (24 hrs.)	24 hr. phone & walk-in service for youth in crisis. Counseling & referral, emergency residential care, food, healthcare & clothing. www.yess.org

Beaumont Family and Community Support Services

- Community Support
- Chantal Bérubé Youth Center
- Family Support
- Childcare Services
- Early Childhood Development Support
- Asset Building
- Seniors Services
- Family Violence prevention, education & awareness
- Good Neighbour Program
- Youth Services



5817 Rue Eaglemont | 780-929-1006
beaumont.ab.ca/232/Services-Programs

