



SUN

MON

TUE

WED

THU

FRI

SAT

2024 W E E K E N D

SUN	MON	TUE	WED	THU	FRI	SAT	
						1 Explore Four Seasons Park for a walk or picnic	
2 Hike the Beaumont Nisku Industrial Park Trails 	3 Try an AquaFit class! 	4 Climb at The Arch 	5 Check out the indoor track at BSRC! 	6 Play some disc golf 	7 Noon hour drop-in basketball 	8 Discover local art at The Artists' Association of Beaumont 	
9 Bike the Iron Horse Trail 	10 Noon hour drop-in soccer 	11 Try out the TrekFit exercise pod in Four Seasons Park! 	12 Outdoor adult drop-in tennis 7pm, Park Gobiel Tennis Courts 	13 Try a morning bootcamp! 	14 Try a spin class! 	15 Splash & Chill drop-in swim 6pm - 9pm 	
16 Take dad out for a picnic in the park! 	17 Enjoy one of many walking trails! 	18 Outdoor drop-in pickleball 5pm, Park Gobiel Tennis Courts 	19 Try a Hatha Yoga class 	20 Try a drop-in class at the fitness center! 	21 COME CHECK OUT BEAUMONT MUSIC FESTIVAL 		22
23 Try some fishing at Don Sparrow Lake! 	24 Check out our drop-in sports schedule 	25 Try a Mobile Joint class! 	26 Try beach volleyball at Four Seasons Park 	27 Outdoor drop-in pickleball 5pm, Park Gobiel Tennis Courts 	28 Check out public swimming 	29 Men's outdoor drop-in tennis 9am, Park Gobiel Tennis Courts 	
30 Beginner drop-in pickleball 							

